

Elements & Formulas

Feng shui in the home

Ideas and tips on how best to set up your home, courtesy of feng shui expert LUCY RICHARDSON.



Q How can I activate certain areas of my home to stimulate romance, career and so on?

A This is best done by applying the “Eight Aspirations” formula, which is based on the Chinese belief that there are eight areas that make up your life; these include career, romance, health, wealth and prosperity, and more. Each one is connected with a compass sector (a certain part of your home) and an element. So it’s very important to have the “right” element in the right place!

Next, you need to learn how the five elements interact with each other because if you wish to activate a certain area, you need to use the “productive” cycle of elements.

The following table shows a couple of examples.

TYPE OF LUCK	Romance	Health
AREA	Southwest	East
INTRINSIC ELEMENT (element of the sector)	Earth	Wood
PRODUCING ELEMENT	Fire	Water
HOW TO ACTIVATE	Add light or the colour red. In addition, add love symbol — e.g., two crystal hearts or mandarin ducks	Add healthy plants plus a water element or the colour blue

From a feng shui perspective, what should I look out for when renting or buying?

These are my top three recommendations for house-hunting:

- #1** Check that the house or apartment has a regular floor plan and no missing corners.
- #2** Make sure the kitchen is not located in the northwest or southwest.
- #3** Determine your personal good directions and ensure you can maximise their use in the prospective home.

Any general tips on how I can improve the feng shui in my rented home?

- #1** Don’t have any mirrors opposite your bed. (If you do, then cover them.)
- #2** Don’t have a mirror facing the entrance door.
- #3** Slow down the flow of *chi* in long corridors by hanging artwork on the walls.
- #4** If you have a room or door at the end of a corridor, hang a faceted crystal in the doorway.
- #5** Place beds with the headboard against a solid wall. (But don’t share the wall with a bathroom.)
- #6** Keep toilet seats down and bathroom doors closed at all times. 🚫

For more information, visit fengshuifocus.com.sg, email lucy@fengshuifocus.com.sg, or follow Feng Shui Focus on Facebook and Twitter.