

# Feng Shui Tips FOR THE HOME

Bringing feng shui into your home doesn't mean you have to completely revamp your space. According to LUCY RICHARDSON of Feng Shui Focus, small changes can make a huge difference. Here are her easy-to-follow tips:



## IN THE BEDROOM

The bedroom is your sanctuary and should be a calm and restful place.

- Place your bed with the head against a solid wall, not under a window.
- Don't place your bed with the feet pointing towards the door; this is called the "funeral position".
- Find out your good directions according to your Kua Number and place your bed with the headboard facing one of these directions.
- This also applies to children's bedrooms – and it can instantly turn kids into good sleepers!

## WORKING FROM HOME

Not everybody has a home office but even if you just use a small work corner or the dining table, there are feng shui rules for creating a space where you can focus and be productive and successful.

- Sit with your back to a wall.
- Choose the "command position" from which you have a good view of the room, including the door.
- Hang a mountain picture behind your seat to receive continued support from your superiors.
- Check there are no "poison arrows" coming from sharp corners pointing at you when you sit at your work station.
- Facing one of your auspicious directions, especially your "Success" direction, would of course be a great advantage!

## SAFEGUARDING YOUR HEALTH

To protect your family's health, you need to locate the East sector of your house or apartment, as this is connected to health luck.

- Use wooden furniture in your East room or add objects made of wood.
- Place plants in your East (but not in a bedroom), ideally upward growing plants with rounded leaves.
- If neither is possible, using the colour green is a good alternative.

lucy@fengshuifocus.com.sg  
fengshuifocus.com.sg